MEANING
• “In the belly of the mother.”
• One of the four cross-quarter days (or ‘fire festivals’) and one of four ‘greater sabbats’ (a festival, ‘sabbats’ mark a seasonal turning point) in the Wheel of the Year.
• Celebrates the coming of spring.
• The halfway point between Yule (the winter solstice) and Ostara (the spring equinox).

WHEN
• February 1-2.
• Please note: Precise celebration dates can vary based on tradition and the related agricultural milestones of the local region. Celebrations may occur on the astrologically precise quarter and cross-quarter days, the nearest full or new moon or the nearest weekend.

COMMON PRACTICES
• Some modern-day neopagans focus on celebrating Brigid, the Celtic goddess of fire and fertility, by setting up an altar with her symbols, including a corn husk doll, white flowers, a bowl of milk and candles. Groups might gather to cast a circle, light bonfires and recite a prayer to receive Brigid’s blessing.
• House cleansing rituals, chants to drive away winter, planting, spring cleaning and the construction of handicrafts.

QUESTIONS/COMMENTS?
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FOR MORE INFO VISIT:
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• When appropriate, reasonable accommodations should be discussed in advance between students and instructors.

Type of Calendar:
Wheel of the Year (solar)