MEANING

- "Occasion of the birth of Krishna."
- Celebrates the birth of Krishna who was born on this day, he is the eighth avatar of the god Vishnu and worshiped as the Supreme God.

GREETINGS

• "Happy Krishna Janmashtami."

WHEN

• The festival is marked on the eighth day of the dark fortnight in the month of Bhadrapada, a lunisolar month.

COMMON PRACTICES

- Fasting and prayer to Krishna.
- Gatherings and festivities involving singing, dancing and performances that recreate incidents from Krishna's life.
- Decorating household shrines and temples with flowers, diyas and lights.

QUESTIONS/COMMENTS?

Email: inclusion@msu.edu



Krishna Janmashtami

Sanskrit

Krish-nuh Jan-maash-tuh-say-mee

 Hindu's who are fasting may find it difficult to participate in activities scheduled toward the end of the day, especially around the time of sunset, when they are ready to break their fast.

MICHIGAN STATE

FOR MORE INFO VISIT: provost.msu.edu



Hindu (lunisolar)

