MEANING
• “Loaf mass.”
• The first of the year’s harvest festivals, along with Mabon and Samhain.
• Celebrates the grain harvest. The name Lammas (contraction of ‘loaf mass’) highlights this sabbat as an agrarian-based festival and feast of thanksgiving for grain and bread, which symbolize the first fruits of the harvest.

WHEN
• Beginning of August, commonly August 1st.
• About halfway between Litha (the summer solstice) and Mabon (the fall equinox).
• Please note: Precise celebration dates can vary based on tradition and the related agricultural milestones of the local region. Celebrations may occur on the astrologically precise quarter and cross-quarter days, the nearest full or new moon or the nearest weekend.

COMMON PRACTICES
• Wicca/neopagan observance of the first harvest of the year involve agricultural festivals and prosperity magic. In some Celtic-derived traditions, Lughnasadh honors the Celtic god of craftsmanship, Lugh.
• Celtic neopagans mark the festival by making corn dollies.
• Common practices include harvest rituals and baking to celebrate the grain harvest.

QUESTIONS/COMMENTS?
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FOR MORE INFO VISIT:
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Type of Calendar:
Wheel of the Year
(solar)