MEANING
• “Nine nights.”
• Festival dedicated to the Divine Feminine, often associated with Durga Ma and Goddess Parvati. The festival lasts for nine days and nine nights, in which the nine goddesses are worshipped. The celebration is dedicated to her victories over demons and evil.

GREETINGS
• “Happy Chaitra Navratri.”

WHEN
• The festival takes place in the month of Chaitra according to the Hindu calendar, and last for nine days and nine nights.

COMMON PRACTICES
• Temples and religious places are decorated for people to come and offer prayers to the goddesses.
• Many perform rituals and pujas as per Hindu astrology.

QUESTIONS/COMMENTS?
Email: inclusion@msu.edu

Navratri
Sanskrit
Nuh·vra·tree

• Many people avoid alcohol and non-vegetarian food items. People also abstain from onion and garlic.

FOR MORE INFO VISIT:
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