

MEANING

- “The 9th of Av.”
- Memorial for all of the communal tragedies of Jewish history, and especially for the destruction of the Temple in Jerusalem in 70 C.E.

GREETINGS

- It is customary to avoid greeting people on Tisha B’Av due to the solemn nature of the day.

WHEN

- Hebrew Calendar: 9 Av.
- Western Calendar: July or August.
- Tisha B’Av begins at sundown and ends at sundown the following day.

COMMON PRACTICES

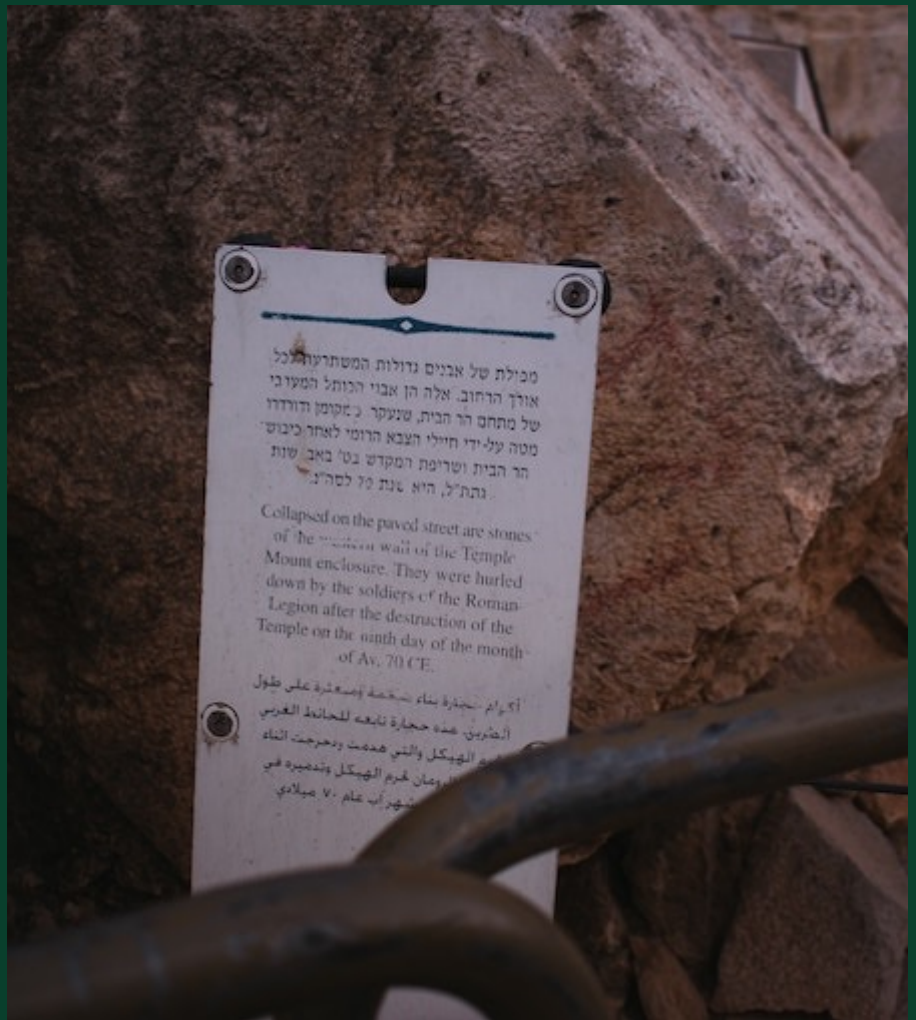
- Tisha B’Av is a day of mourning and communal grief. There is a custom to fast from food and drink from sundown on the day that Tisha B’Av begins until sundown the next day. Other mourning customs include sitting on low or uncomfortable chairs, refraining from bathing and intimate relations and avoiding wearing leather.
- Jews may attend special synagogue services to chant the book of Eicha (“Lamentations,”) and remember the tragedies of the Jewish past.

QUESTIONS/COMMENTS?

Email: inclusion@msu.edu

Type of Calendar:

Hebrew (lunisolar)



Tisha B’Av

Hebrew

[Tish-ah B’Ab](#)



- Work is permitted on Tisha B’Av. However, some Jewish students, staff and faculty may have the custom of honoring the holiday by spending the day away from work in fasting and prayer.
- Students, staff and faculty may need to leave campus early on the day that Tisha B’Av begins in order to eat a meal before the fast starts at sundown.
- Students, staff and faculty should be given the opportunity to reschedule any tests, exams or study or work activities that must be scheduled on Tisha B’Av.

FOR MORE INFO VISIT:

provost.msu.edu